

#### Dear Members,

#### We Can Get Taos Back to Green – We have to work together

As we enter the most important time of year for our community's economy – winter sports season – it is critical that we all do our part and support local Taos businesses not only stay open, but remain open for a longer time period to allow for and accommodate the tourism we typically see over the next few months.

While our county is currently in the designated level "Red" for COVID-related restrictions, if we all take action now we can turn the tide on Coronavirus implications in Taos and move from red, to yellow, to green – all within this crucial season.

The things we can ALL do are really simple, and if we follow them rigorously now, the sooner restrictions will be lifted and we can get closer to normal while we await a vaccine. Most importantly, we ask all of you to stay home and limit gatherings. If you go out, wear a mask, maintain physical distance of at least six feet, and use hand sanitizer or wash your hands frequently. In addition, don't go out in public at all if you are not feeling well.

Finally, take advantage of the free testing sites at the Taos Public Health Office, Holy Cross Hospital, or El Centro Family Health Taos Clinic if you have symptoms or were exposed to someone who has tested positive. By knowing who has tested positive and contact tracing, we can significantly limit the spread of the virus.

We all love the Taos community and ask that everyone please support our local businesses in a safe and smart way to help us all get back to normal as soon as possible.

Luis Reyes, Jr. CEO of Kit Carson Electric Cooperative



# TOGETHER, WE CAN TURN TAO'S GREEN

- Stay home
- Wear a mask correctly
  - Wash your hands often
  - Keep your distance

**V** Limit gatherings

**Get tested** INDIVIDUALS CALL 575-751-8951 SURVEILLANCE TESTING FOR BUSINESSES 575-758-8883

FOR COVID-19 INFORMATION AND RESOURCES, VISIT taosgov.com









#### KNOW THE COVID-19 SYMPTOMS

- Fever or chills
- Cough
- Shortness of breath, difficulty breathing
- Fatigue
- Muscle or body aches

#### SHOULD I GET TESTED?

If you have any symptom(s), for more than 24 hours, have had close contact with someone with COVID-19, or think you may have COVID-19, **isolate from others immediately** and get tested.

#### WHY GET TESTED FOR COVID-19?

This is a dangerous virus, especially to high-risk populations. When we track the virus and isolate sick people from others, we can keep more people safe and slow the spread. Testing saves lives.

#### WHAT IS THE "RED TO GREEN" FRAMEWORK?

New public health protocols in New Mexico are based on 2-week averages of new cases per day and percent positivity of COVID-19 tests. Less viral activity in Taos County will lead to less strict public health protocols.

## • Headache

- Loss of smell or taste
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

#### **TESTING LOCATIONS**

The Families First Coronavirus Response Act ensures testing is free to anyone, including the uninsured, at health centers and select pharmacies.

#### **Holy Cross Annex**

1421 Weimer Rd., Mon-Fri, 9a -6p. Register by phone: 575-751-8951

#### **Taos Public Health**

1400 Weimer Rd., Mon/Wed/Thur/Fri, 9a - 12p. Register: cvtestreg.nmhealth.org, more info at 505-758-4719

#### **Taos Urgent Care**

330-C Paseo del Pueblo Sur, 7 days/week, 9a – 5p. No appointment necessary

#### **El Centro Family Health**

1331 Gusdorf Rd., Mon – Fri, 9a – 2p, 575–758–3601

## HOW DO WE GET TAOS TO GREEN?

Reduce your exposure to COVID-19 — social distance, avoid gatherings, wear a mask, follow COVID safe practices, stay home when you're sick, and if you have been exposed to COVID-19, or think you may have COVID-19, isolate and get tested!

TAOS COMMUNITY MEDICAL COVID TASK FORCE **Taos Community Medical COVID Task Force** is a volunteer coalition of local healthcare providers and community partners working together to build collaborations that strengthen our local medical response to the global COVID-19 pandemic.

# taoscovidtaskforce.com



Special thanks to the Town of Taos, TaosGov.com, 575-751-2002, news@taosgov.com

# Taos COVID Guide: When, Why and Where to Get Tested